# **Epidemiology and Rapid Indicator Studies To Improve Our Beach Water Quality Monitoring Program**

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# Beach Monitoring is on the Verge of Big Changes

- Beaches have been monitored the same way for decades
  - Limited to growth in cultures
- Existing methods are slow
- Existing methods are nonspecific
- New technology provides opportunities for improvement
  - genetic based measurements

# Studies Necessary To Support Changes In Beach Monitoring

- Method performance evaluation studies
  - Repeatable, sensitive, accurate

Transferable to local agencies

- Swimming related epidemiology
  - Relationship between health effects and concentrations

### California Epidemiology Studies

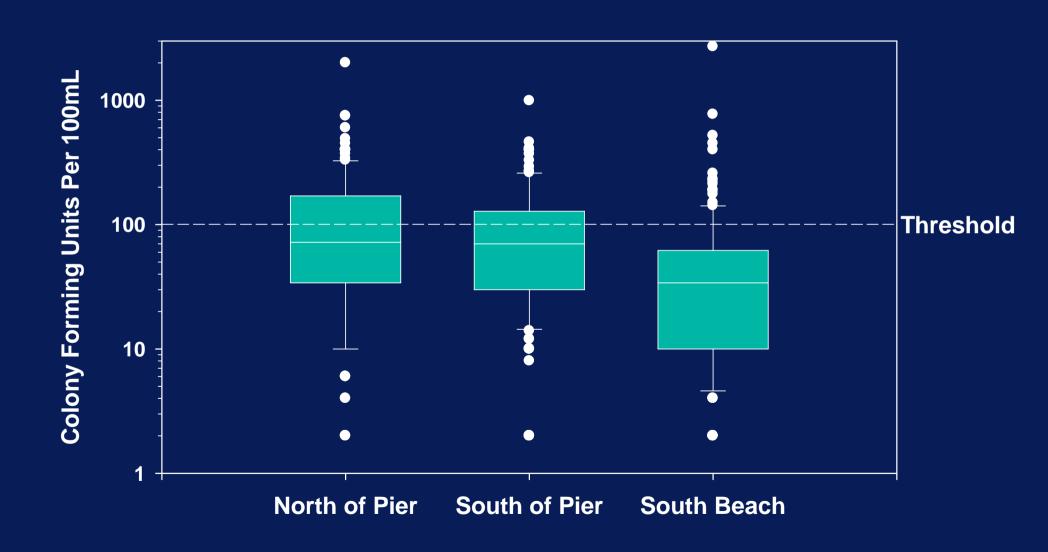
- Three beaches with different types of fecal sources
  - all nonpoint sources

- Over thirty different indicators of fecal pollution
  - Two dozen of the best researchers in the nation

- More than 30,000 swimmers
  - nearly 20 different symptoms



#### **Enterococcus Concentrations At Avalon Beach, Summer 2007**



#### **TRADITIONAL**

Enterococcus Idexx (2)
Enterococcus MF
Fecal Coliform MF
Total Coliform MF

#### **RAPID**

Enterococcus QPCR (2) Enterococcus TMA E. coli QPCR

#### **MICROBIAL SOURCE TRACKING**

Enterococcus esp gene (2)

E. Coli raptor gene

Bacteroides sp.

**Bacteroides human marker (2)** 

B. thetaiotamicron (2)

Legionella

Methanogens

**Methanobrevibacter smithii (2)** 

#### **VIRUS**

F+ and Somatic Coliphage
F+ and Somatic Coliphage ELISA
Adenovirus
Enterovirus
Norovirus (2)
Hepatitis A virus

Polyoma virus

#### **COMMUNITY PROFILING**

Enterococcus
Bacteroides thetaiotamicron
Heliobacter pylori
Campylobacter jejuni

**Clostridium perfringens** 

Salmonella enteritica

Shigella dysenteriae

Shigella flexneri

Shigella boydii

#### **GASTROINTESTINAL**

Nausea

Vomiting

Diarrhea

**Cramps** 

**Highly Credible Gastrointestinal** 

Illness 1 (HCGI-1)

HCGI-2

#### **DERMATOLOGICAL**

Skin rash

**Scrapes** 

#### RESPIRATORY

Cough

Cough with phlegm

nasal congestion

sore throat

Significant respiratory

disease (SRD)

#### **NON-SPECIFIC**

**Fever** 

Chills

Earache

Ear discharge

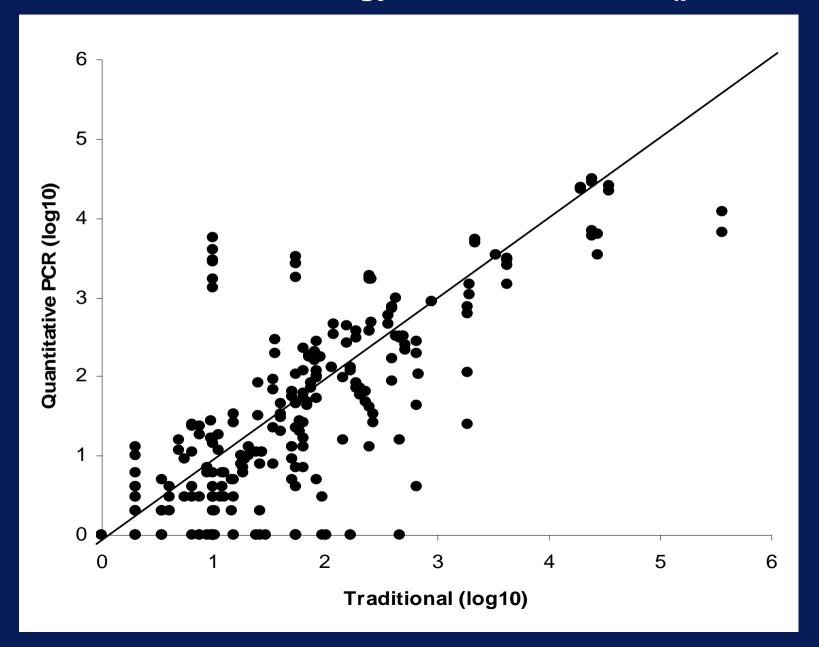
**Eye irritation** 

# California Is Way Ahead on Rapid Methods

- Started exploring rapid methods in 2001
  - Adopted from other applications
- Close to equivalency with existing methods
  - Conducted two evaluation studies

 Techniques can be conducted by routine laboratories

#### New vs. Traditional Technology for Enterococcus (per 100 mL)



### **Outreach and Involvement**

- Diverse study team
- Federal, State, and local partners
- Internationally renowned scientific review team
- Managers through the Beach Water Quality Work Group
  - County Health, NPDES, RWQCB